

OFFLINE

A slower guide to the coast.



A day with more room

01 Follow the quiet path

Start with a short coastal walk before the day gets busy. Carry water, wear comfortable shoes and choose a marked route that suits your energy.

02 Leave space at the table

Find a small local cafe and order something unfamiliar. Put the phone away for the first ten minutes and notice the sounds, light and conversations around you.

03 Keep one small memory

Sketch a roofline, write down a colour or collect the name of a favourite place. A few thoughtful notes can hold more of a day than a hundred photographs.